

The Platinum Designation for facility-based behavioral health programs



Our facility-based evaluation continues to evolve, distinguishing the very best programs in our network

Our evaluation of facility-based programs is a more specific, granular assessment, making comparisons of patients to other similar patient groups more accurate. Our benchmarks that are based upon similar patient groups by LOC, Condition Category, and Line of Business. In this way, facilities will be able to establish clear targets to work towards in pursuit of Platinum status.

Top performing programs will be designated as Platinum

Facility program admissions will be evaluated in condition categories

Facility program performance will be evaluated separately by level of care

Platinum Designation Benchmarks

Platinum recognition will be at the individual program level for each facility for those programs that qualify.

We at Optum want to make health care better for everyone

The Platinum Designation is yet another innovation that will help our network providers confidently take control of the transition to value-based care. Our evaluation provides the data and insights to transform care delivery and meet the needs of the people and communities you serve.

Platinum Metrics in Detail

EFFECTIVENESS

READMISSION RATES: Rate of unplanned readmissions to any level of behavioral health care within 30 or 90 days of discharge from that same level of care

- **30-DAY READMISSION:** Rate of unplanned readmissions to the same or a higher level of behavioral health care within 30 days of discharge from the index admission
- **90-DAY READMISSION:** Rate of unplanned readmissions to the same or a higher level of behavioral health care within 90 days of discharge from the index admission

FOLLOW-UP AFTER HOSPITALIZATION: Rate of follow-up appointments kept within 7 or 30 days of discharge

- **7-DAY FOLLOW-UP:** Rate of follow-up appointments kept within 7 days of discharge from an Inpatient or Intermediate LOC
 - ❑ Follow-up must be with a mental health practitioner for outpatient, intensive outpatient or partial hospitalization treatment
- **30-DAY FOLLOW-UP:** Rate of follow-up appointments kept within 30 days of discharge from an Inpatient or Intermediate LOC
 - ❑ Follow-up must be with a mental health practitioner for outpatient, intensive outpatient or partial hospitalization treatment

Goals behind our evaluation

- Guide and reward facility programs for delivering effective and efficient care
 - Provide unbiased data that is quantified and compared against regional and similar program benchmarks
 - Identify variations in practice patterns, which drive increased costs and poor clinical outcomes
 - Help our facilities achieve and maintain Platinum designations for eligible treatment programs
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EFFICIENCY

OUTLIER LENGTH OF STAY (LOS): Measures admissions to a facility program and compares LOS to associated cohort benchmarks. The facility program is provided with a percentage of admissions that have a LOS that is higher than the associated benchmarks.

OUTLIER BEHAVIORAL HEALTH EPISODE SPEND: Measures admissions to a facility program and compares episode costs to associated cohort benchmarks. The facility program is provided with a percentage of admissions that have an episode cost that is higher than the associated benchmarks.