



## Home and Community Based Services (HCBS) Provider Orientation, Wellness4Me

September 2016

## Today's speakers

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- Lana Kats, MBA, Director of Network Management for NY Public Sector
- Erica Bou, LMHC, CRC, HCBS Administrator
- Barbara Tedesco, MS, CRC, Recovery and Resiliency Manager
- Gayle Parker-Wright, LCSW-R, Network Trainer
- Eunice Hudson, Provider Education Specialist
- Ilana Adler, LMSW, Government Liaison for NY

# Agenda

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- Welcome and Introduction
  - Managed Care Transition
  - Benefits
  - Clinical Vision
  - Clinical and Utilization Management Requirements
  - Health Homes
  - Cultural Competency
  - Quality Improvement
  - Credentialing and Recredentialing
  - Recovery and Resiliency
  - Billing
  - Provider Express and UnitedHealthcare Online
  - Network Services
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# Our United Culture

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**Our mission** is to help people live healthier lives.  
**Our role** is to make health care work for everyone.

**Integrity.**  
**Compassion.**  
**Relationships.**  
**Innovation.**  
**Performance.**

Honor commitments  
Never compromise ethics

Walk in the shoes of people we serve  
and those with whom we work

Build trust through collaboration

Invent the future, learn from the past

Demonstrate excellence  
in everything we do

## Managed care transition

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- The NYS Office of Mental Health (OMH) is collaborating with the Department of Health (DOH) and Office of Alcoholism and Substance Abuse Services (OASAS) to implement the managed care transition in response to the recommendations and guiding principles set forth by the Medicaid Redesign Team (MRT) Behavioral Health (BH) Subcommittee
- The vision is to create a system that provides New Yorkers with fully integrated behavioral and physical health services offered within a comprehensive, accessible and recovery oriented system
  - For adults 21 and older, the integration of all Medicaid behavioral health (BH) and physical health (PH) benefits under managed care will go into effect **October 2015 in NYC** and on **July 2016 in the rest of New York State** and will be delivered through **two BH managed care models**

## Managed care transition, continued

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### Managed care models:

- **Qualified Mainstream Managed Care Organizations (MCOs):** For all adults served in mainstream MCOs throughout the State, the qualified MCO will integrate all Medicaid State Plan covered services for mental illness, substance use disorders (SUDs), and physical health conditions
- **Health and Recovery Plans (HARPs):** HARPs will manage care for adults with significant behavioral health needs
  - They will facilitate the integration of physical health, mental health, and substance use services for individuals requiring specialized expertise, tools, and protocols which are not consistently found within most medical plans
  - In addition to the State Plan Medicaid services offered by mainstream MCOs, qualified HARPs will offer access to an enhanced benefit package comprised of **Home and Community Based services (HCBS)** designed to provide the individual with a specialized scope of support services not currently covered under the State Plan

## Managed care transition, continued

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### **The Managed Care System is being developed based on the Medicaid Redesign Team (MRT) guiding principles**

- Person-Centered Care management
- Integration of physical and behavioral health services
- Recovery oriented services
- Patient/Consumer Choice
- Ensure adequate and comprehensive networks
- Tie payment to outcomes
- Track physical and behavioral health spending separately
- Reinvest savings to improve services for BH populations
- Address the unique needs of children, families & older adults

# Understanding Wellness4Me

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- Wellness4Me is a new UnitedHealthcare Community Plan product for HARP- eligible members
- A member cannot be enrolled in the UnitedHealthcare Wellness4Me Plan and a Managed Medicaid Plan – **The member must choose one plan**
- The member must clinically qualify for Home and Community Based Services based on the results of the New York State (NYS) Community Mental Health Assessment (needs assessment)



## Understanding Wellness4Me, continued

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- NYS will “passively” enroll Community Plan members into the Wellness4Me Plan based on diagnosis and claims history
- Members can “**opt out**” of joining the Wellness4Me Plan and enroll in the Managed Medicaid plan within the first 90 days of enrollment
- Members can dis-enroll from either benefit within the first 90 days of enrollment
  - **After 90 days**, members must have a good reason to dis-enroll (e.g., moved out of the service area)
- If the Member is not enrolled in a HARP or opts out, they will not be eligible to receive HCBS effective January 1, 2016

# Wellness4Me (Health and Recovery Plan, HARP): phase 1

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- **October 1, 2015:** both the Mainstream Medicaid and Wellness4Me Plan (HARP) benefits were rolled out for members who are 21 years and older residing in the 5 boroughs of New York City
- **January 1, 2016:** Home and Community Based Services (HCBS) for Wellness4Me members began in the 5 boroughs of New York City
- Membership by Borough / County
  - Bronx = Bronx County
  - Brooklyn = Kings County
  - Queens = Queens County
  - Manhattan = New York County
  - Staten Island = Richmond County

# Wellness4Me Plan (HARP): phases 2 & 3

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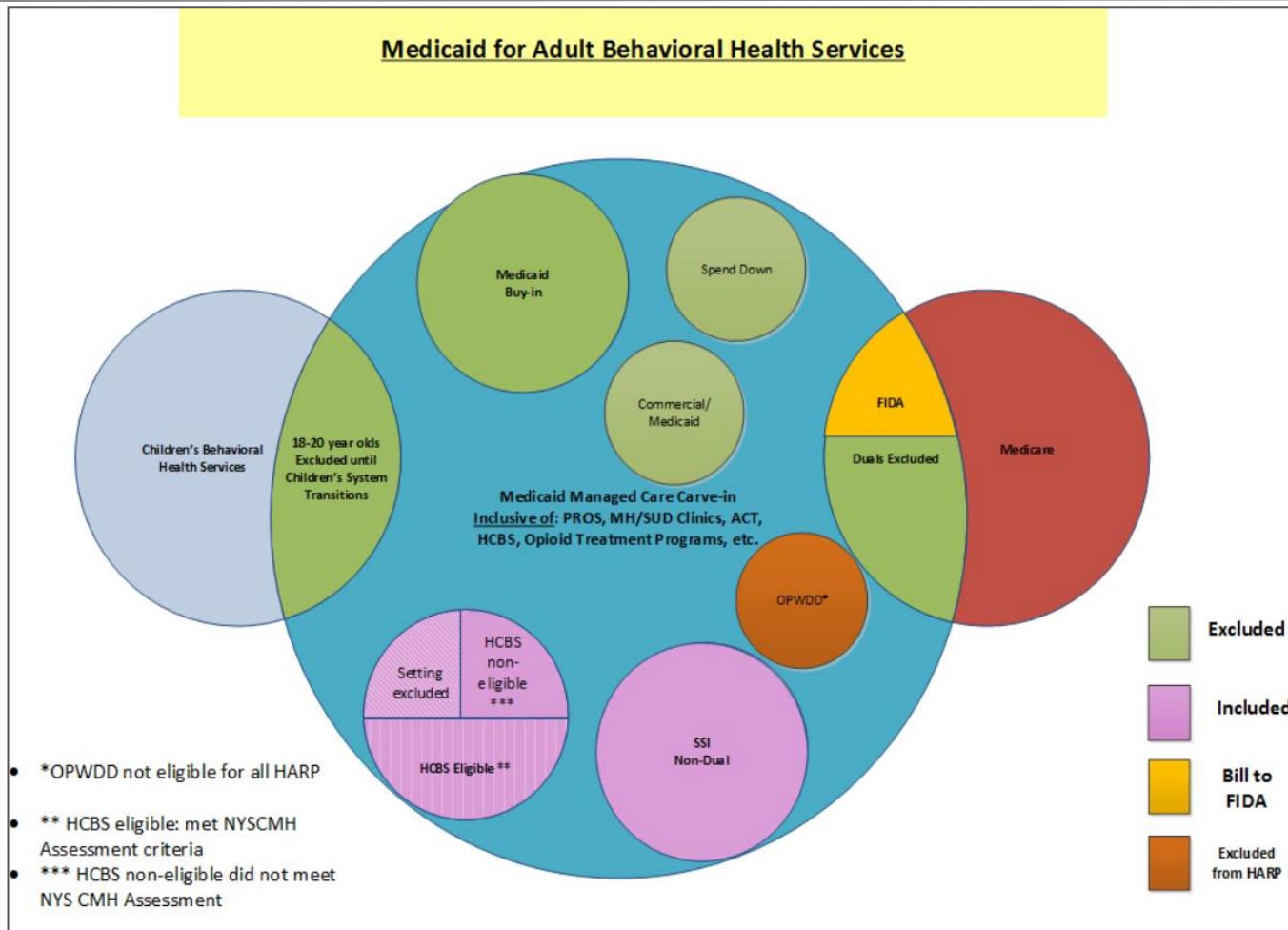
## Phase 2

- **July 1, 2016:** includes all adults 21+ years old, in the rest of state
  - All New York State, eligible adults 21 and older, who meet the criteria can be enrolled in the Wellness4Me Plan
- **October 1, 2016:** Home and Community Based Services (HCBS) for Wellness4Me members will begin in the rest of state

## Phase 3

- **July 1, 2017:** all adults under 21 years old, adolescents and children in New York City (5 Boroughs), Nassau and Suffolk
- **January 1, 2018:** all adults under 21 years old, adolescents and children in the rest of state

# Covered populations\*



\*From MCTAC presentation on 10/20/15

# Wellness4Me Plan (HARP) and Mainstream Medicaid

<b>Covered Benefits for HARP and Behavioral Health Benefit</b>		
<b>Services</b>	<b>HARP Enrolled Members</b>	<b>Medicaid Behavioral Health Benefit</b>
Medically supervised outpatient withdrawal (OASAS services)	Covered	Covered
Outpatient clinic and opioid treatment program (OTP) services (OASAS services)	Covered	Covered
Outpatient clinic services (OMH services)	Covered	Covered
Comprehensive psychiatric emergency program	Covered	Covered
Continuing day treatment	Covered	Covered
Partial hospitalization	Covered	Covered
PROS	Covered	Covered
ACT	Covered	Covered
Intensive case management/ supportive case management	Covered	Covered
Health Home Care Coordination and Management	Covered	Covered
Inpatient hospital detoxification (OASAS service)	Covered	Covered
Inpatient medically supervised inpatient detoxification (OASAS Service)	Covered	Covered
Inpatient treatment (OASAS service)	Covered	Covered
Rehabilitation services for residential SUD treatment supports (OASAS service)	Covered	Covered
Inpatient psychiatric services (OMH service)	Covered	Covered
Rehabilitation services for residents of community residences	Covered	Covered




# Wellness4Me Plan (HARP) vs. Behavioral Health Benefit

The Home and Community Based Services are ONLY available to members enrolled in Wellness4Me Plan (HARP).

HCBS will not start until 1/1/2016 to allow time for all HARP members to receive their full assessment and for Plans of Care to be documented.

HCBS Services for Adults Meeting Targeting and Functional Needs		
Services	HARP Enrolled Members	Medicaid Behavioral Health
<b>Rehabilitation</b> <ul style="list-style-type: none"> <li>• Psychosocial Rehabilitation</li> <li>• Community Psychiatric Support and Treatment (CPST)</li> <li>• Crisis Intervention</li> </ul>	Covered	Not Covered
<b>Peer Supports</b>	Covered	Not Covered
<b>Habilitation</b> <ul style="list-style-type: none"> <li>• Habilitation</li> <li>• Residential Supports in Community Settings</li> </ul>	Covered	Not Covered
<b>Respite</b> <ul style="list-style-type: none"> <li>• Short-term Crisis Respite</li> <li>• Intensive Crisis Respite</li> </ul>	Covered	Not Covered
<b>Non-medical transportation</b>	Covered	Not Covered
<b>Family Support and Training</b>	Covered	Not Covered
<b>Employment Supports</b> <ul style="list-style-type: none"> <li>• Pre-vocational</li> <li>• Transitional Employment</li> <li>• Intensive Supported Employment</li> <li>• On-going Supported Employment</li> </ul>	Covered	Not Covered
<b>Education Support Services</b>	Covered	Not Covered
<b>Supports for self-directed care [phased in as a pilot; see details below]</b> <ul style="list-style-type: none"> <li>• Information and Assistance in Support of Participation Direction</li> <li>• Financial Management Services</li> </ul>	Covered	Not Covered

# Membership cards: New York Wellness4Me, front of card

 **UnitedHealthcare**® | Community Plan

Health Plan (80840) 911-87726-04

Member ID: 000000238 Group Number: NYWEL4ME

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Member:

CIN#:

PCP Name:

PCP Phone:

Payer ID: 87726

 **OPTUMRx**™

Rx Bin: 610494  
Rx Grp: ACUNY  
Rx PCN: 9999

0501

UnitedHealthcare Community Plan - Wellness4Me  
Administered by UnitedHealthcare of New York, Inc.

# Membership cards: New York Wellness4Me, back of card

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In an emergency go to nearest emergency room or call 911. Printed: 06/10/15

This card does not guarantee coverage. For coordination of care call your PCP. To verify benefits or to find a provider, visit the website [myuhc.com/communityplan](http://myuhc.com/communityplan) or call.

For Members:	866-433-3413	TTY 711
NurseLine:	877-597-7801	TTY 711

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For Providers : [uhcommunityplan.com](http://uhcommunityplan.com) 866-362-3368  
Medical Claims: PO Box 5240, Kingston, NY, 12402-5240

Pharmacy Claims: OptumRX, PO Box 29044, Hot Springs, AR 71903  
For Pharmacists: 877-305-8952



# Clinical Vision

Gayle Parker-Wright, LCSW-R, Network Trainer

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# Our Clinical Vision

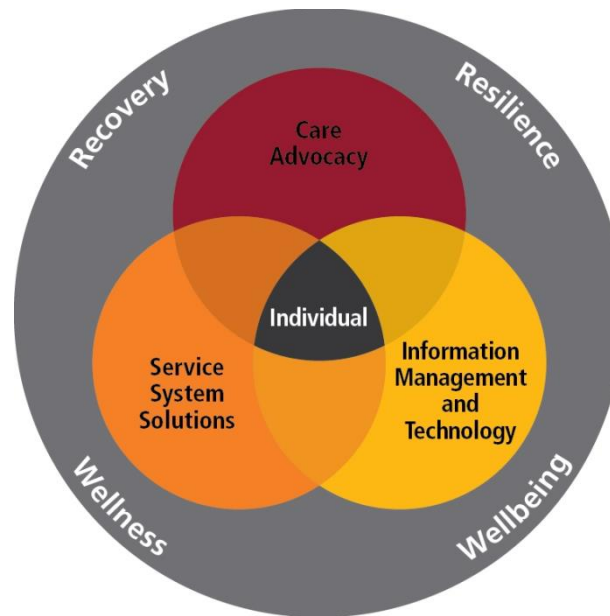
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## Care Advocacy

The purpose of Care Advocacy is intervention on behalf of individuals living with a health issue. We improve the experience of individuals we serve, using a range of tools and resources. We are dedicated to recovery, resiliency, wellness and wellbeing provided at the highest quality and most cost-effective manner.

## Service System Solutions

The purpose of Service System Management is to improve the structure of, access to and practice within systems of care. We build relationships within local communities to learn about and improve healthcare systems.



## Information Management and Technology

The purpose of Information Management and Technology is to create a more engaging, effective and affordable healthcare experience and to empower individuals in their pursuit of well-being.

# Our goals

## Recovery Focus

- Apply recovery principles from first call through natural community supports
- Support use recovery language and principles in every aspect of our work

## Improve Access to Care

- Right care at the right time
- Collaborate with providers to ensure timely access to services
- Increase community-based services

## Integrate Physical and Behavioral Health

- No wrong door access to care
- Eliminate silos through integrated person-centered care plans
- Broaden provider focus for integrating care

## Reduce Cost

- Reduce readmissions to inpatient
- Engage community based crisis stabilization and use of PCP services
- Increase use of natural community supports

# Tools for system transformation

## Utilization Management

- Review requests for service against LOCG's /LOCADTR:
  - Prior Notification
  - Pre-Certification
  - Prior Authorization
  - Concurrent Review
  - Transition Planning for successful discharge

## Care Coordination

- Follow-up support after discharge
- Risk assessment and safety planning
- Coordination with community resources
- Support member's recovery goals
- Engagement of member, family, and other support systems in development of care plan

## Person-Centered Care

- Align closely with Health Home and Accountable Care Teams
- Care plans include:
  - Strength-based assessment, including culture
  - Measurable/attainable/realistic/timely objectives
  - Keeps the person in context of their environment and natural supports

## Quality Driven Outcomes

- Team-Facing Measures:
  - Call quality
  - Inter-rater reliability measures
- Performance Improvement Projects
- Provider/Member - Facing Measures include HEDIS/NCQA
- HCBS
- Special Populations



Clinical and Utilization Management Requirements  
Erica Bou, LMHC, CRC HCBS Administrator

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## Wellness4Me: HCBS covered services

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- Psychosocial Rehabilitation
  - Community Psychiatric Support and Treatment (CPST)
  - Habilitation
  - Family Support and Training (FST)
  - Short-Term Crisis Respite
  - Intensive Crisis Respite
  - Education Support Services
  - Empowerment Services – Peer Supports (OMH)
  - Pre-Vocational Services
  - Transitional Employment
  - Intensive Supported Employment
  - Ongoing Supported Employment
  - Transportation
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# HCBS utilization parameters

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HCBS will be subject to calendar year utilization caps at the Member level.

- Tier 1 HCBS: limited to \$8,000
- Tier 1 and Tier 2 combined have an overall cap of \$16,000
- Utilization caps exclude crisis respite: short-term crisis respite and intensive crisis respite are each limited within their own individual caps to 7 days per episode and 21 days per year

**Tier 1:** Employment, education and peer support  
**Tier 2:** Full array of HCBS

# Home and Community Based Services

## Eligibility

- HARP enrolled members only
- Wellness4Me is the Community Plan HARP Product
- HCBS services will not be available for ROS until 10/1/16
- HARP eligibility is being entered by Maximus and phased in over three months
- Must live in one of the HARP eligible housing settings as defined by the state (slide 26)

## Assessment

- Conflict-free assessment: New York State Community Mental Health Assessment
- Brief and full assessment
- Functional needs are identified based on the assessment results
- Health Home Care Coordinator or State designated care management agency administer the assessment

## Plan of Care

- Health Home Care coordinator or NYS Designated CMA completes Plan of Care (POC) based on the New York State Community Mental Health Assessment
- POC should reflect person-centered goals, strengths and resiliencies
- POC should include all services and referrals for the member
- POC should be reviewed and approved by MCO

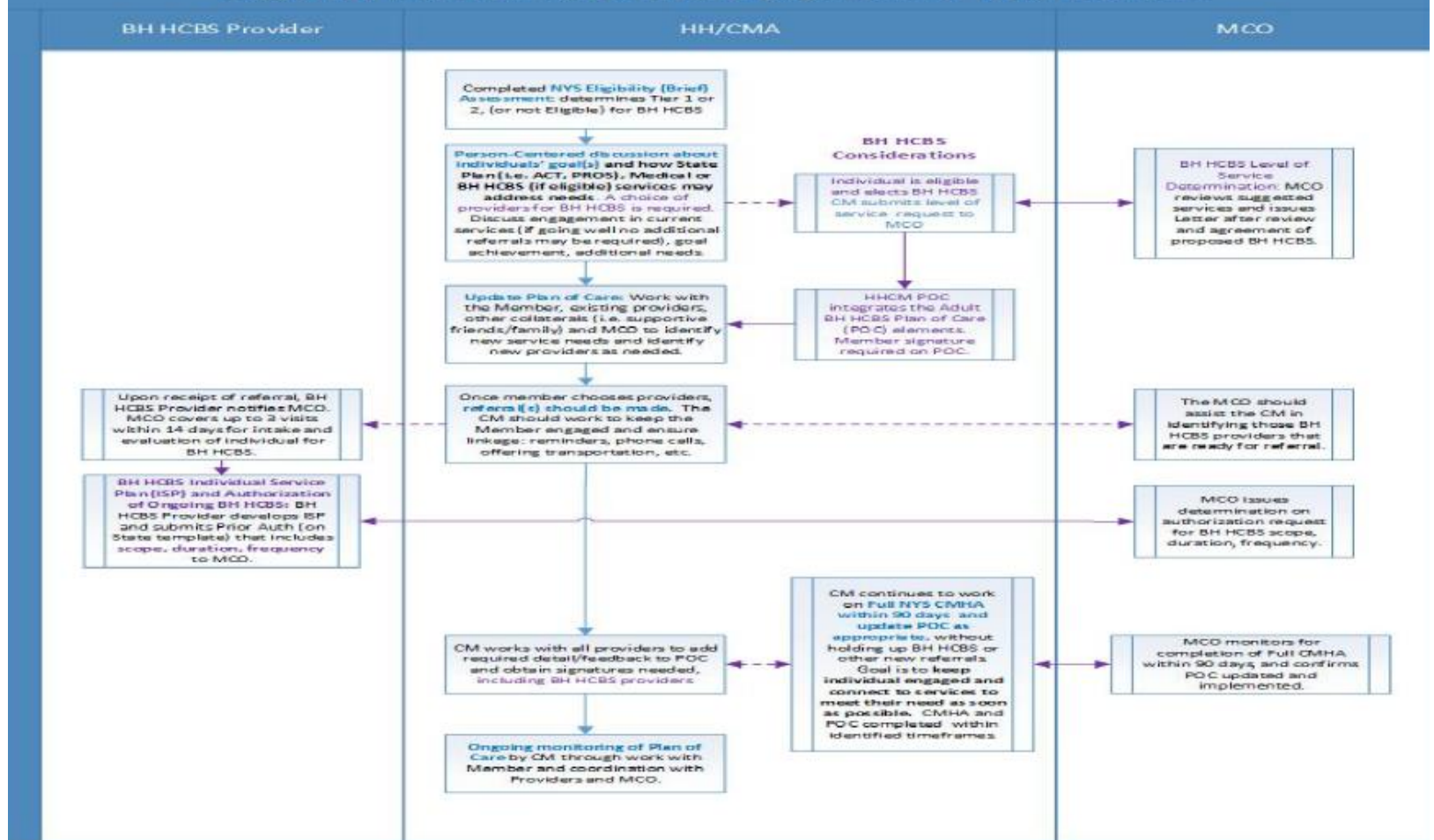
## HCBS Providers

- Request notification when member presents for services
- Concurrent reviews will be requested based on frequency, duration and service type as well as any change in member 's needs



# NYS Expedited Workflow from Assessment to Referral

## From NYS Community Mental Health Assessment (CMHA) to BH HCBS Referral: Suggested Workflow Focused on Engagement for HARP members



# Adult Behavioral Health (BH) HCBS residential settings

Adult BH HCBS Approved Settings	Still Under Review	Adult Residential Not Meeting CMS Standard for Community Setting
<ul style="list-style-type: none"> <li>• OMH Supported Housing</li> <li>• Independent Community Housing</li> </ul>	<ul style="list-style-type: none"> <li>• OMH Apartment Treatment Programs</li> <li>• OMH-CR-SRO*</li> <li>• OMH-SP-SRO**</li> <li>• OMH 100% Special Needs SP-SRO</li> <li>• OMH-SP SRO Mixed Use</li> <li>• OASAS Supportive Living</li> <li>• OASAS Residential Reintegration/Scatter Site Setting</li> </ul> <p>*Community Residence, Single Room Occupancy Housing            **Supportive Single Room Occupancy Housing</p>	<ul style="list-style-type: none"> <li>• OMH Community Residence</li> <li>• OMH Adult Home</li> <li>• OMH Housing located adjacent to and on State Hospital grounds</li> <li>• OASAS Intensive Residential</li> <li>• OASAS Community Residence</li> <li>• OASAS Inpatient Rehab</li> <li>• OASAS Residential Rehabilitation</li> <li>• OASAS Residential Reintegration/Congregate Setting</li> </ul>

# Person-Centered Plan of Care

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- Plan of Care (POC)
  - Master integrated document
  - Includes all services: providers, frequency and duration, contact information
  - Ideally POC will be completed by Health Home Care Coordinators
  - POC must be submitted to the Plan for approval
    - Confirm providers in network
    - Verify member eligibility for the services listed
    - Evaluate POC for recovery goals that are person-centered and echo the member's goals in his/her words
  - Our Care Advocates monitor the POC when:
    - Member is not enrolled or is refusing Health Home care coordination or
    - Member is not Health Home eligible

We are committed to assist members with field-based care advocates, peers, community health workers and housing specialists

# Federal HCBS Plan of Care documentation requirements

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- Must reflect Member's strengths and preferences including goals, desired outcomes, living environment, paid and natural supports
- Must be written in common language (understood by the member), and include
  - Assessed needs
  - Positive support and interventions to meet identified needs
  - Measurable recovery goals
  - Clear time frames to achieve goals
  - Specified time frame and procedure to review recovery goals and progress towards the goals
  - Note how interventions support needs and minimize risk factors
  - Document member education of risks and benefits associated with the interventions
- Must document informed consent - finalized and agreed upon by the member and wherever possible the HCBS service provider

# Federal Guidelines for Person-Centered Care Planning

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- Offers informed choice including involvement of natural supports and people chosen by the member to participate in developing the plan
- Record the HCBS settings that member is considering
- Reflect cultural considerations including language proficiency and access for individuals with disabilities
- Includes method for the member to request updates to the plan when applicable
- Includes strategies for resolving conflict and potential conflict of interest for example:
  - The HCBS provider should not be developing the plan of care and /or providing case management service unless NYS demonstrates the provider is the only willing and qualified entity to provide case management

# NYS Allowable Billing Combinations (provided by MCTAC)

## NYS Allowable Billing Combinations of OMH/OASAS State Plan Services and HCBS

HCBS/State Plan Services	OMH Clinic/OLP	OASAS Clinic	OASAS Opioid Treatment Program	OMH ACT	OMH PROS	OMH IPRT/CDT	OMH Partial Hospital	OASAS Outpatient Rehab
PSR	Yes	Yes	Yes				Yes	
CPST							Yes	
Habilitation	Yes	Yes	Yes				Yes	
Family Support and Training	Yes	Yes	Yes			Yes	Yes	Yes
Education Support Services	Yes	Yes	Yes		Yes	Yes	Yes	Yes
Peer Support Services	Yes	Yes	Yes		Yes	Yes	Yes	Yes
Employment Services	Yes	Yes	Yes			Yes	Yes	Yes

# HCBS Prior Authorization Request

NY UHC Authorization Request Form Adult BH HCBS services\_NYS 2.12.16\_Com....pdf - Adobe Acrobat Pro

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V: February 12, 2016 UnitedHealthcare Community Plan

**Adult Behavioral Health (BH) Home and Community Based Services (HCBS):  
Prior and/or Continuing Authorization Request Form**

Prior Authorization Request (mandatory)  Concurrent Review Authorization Request (optional)

*Instructions: The HCBS provider must complete this form for every **prior authorization** for Adult BH HCBS. When requesting **concurrent authorizations**, the HCBS provider can either: 1) complete this form and submit to the managed care plan for review (which may include a subsequent telephonic review if requested by the plan); or 2) request a telephonic review only with the plan to discuss progress made and any modified goals/objectives.*

*Submission Instructions for UnitedHealthcare Community Plan: Please send this completed form to our Behavioral Health Clinical Team via secure email to [NYHARPAuthorizations@uhc.com](mailto:NYHARPAuthorizations@uhc.com) or via secure fax: 877-339-8399. For concurrent reviews only, if you prefer a telephonic review, please call our BH Clinical Team at 866-433-3413.*

**Member information**

Member Name \_\_\_\_\_ Member DOB \_\_\_\_\_

Member Phone \_\_\_\_\_ Member Email (optional) \_\_\_\_\_

Member Address \_\_\_\_\_

Member Medicaid ID \_\_\_\_\_ Plan ID \_\_\_\_\_

# HCBS Prior Authorization Request pg.2

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Health Home \_\_\_\_\_

Health Home Care Manager \_\_\_\_\_

**Adult BH HCBS Provider information**

HCBS Provider Name \_\_\_\_\_

Provider Address \_\_\_\_\_

Tax ID # \_\_\_\_\_

Contact person name \_\_\_\_\_ Title \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Adult BH HCBS requested**

Please select the Adult BH HCBS for which authorization is requested (no more than 3 per request):

<input type="checkbox"/> Education Support Services	<input type="checkbox"/> Psychosocial Rehabilitation (PSR)
<input type="checkbox"/> Peer Supports	<input type="checkbox"/> Habilitation
<input type="checkbox"/> Pre-vocational Services	<input type="checkbox"/> Community Psychiatric Support & Treatment (CPST)
<input type="checkbox"/> Transitional Employment	<input type="checkbox"/> Family Support and Training (FST)
<input type="checkbox"/> Ongoing Supported Employment	<input type="checkbox"/> Short-term Crisis Respite (concurrent reviews only)
<input type="checkbox"/> Intensive Supported Employment (ISE)	<input type="checkbox"/> Intensive Crisis Respite (concurrent reviews only)

Please note the anticipated frequency, intensity, duration, and modality of each requested Adult BH HCBS. Please



# HCBS Prior Authorization Request pg. 3

NY UHC Authorization Request Form Adult BH HCBS services\_NYS 2.12.16\_Com....pdf - Adobe Acrobat Pro

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V: February 12, 2016 UnitedHealthcare Community Plan

Adult BH HCBS #3	Frequency (# services per week)	Intensity (hours per service)	Duration (e.g. 3 months)
List:			

Modality (check all that apply) .....  Individual  Group  On-site  Off-site

**Goals and Objectives**

Clearly state the client's goal(s) and list specific objectives for the period of requested services. Goals must accurately reflect the member's approved Adult BH HCBS Plan of Care. Objectives should be results-oriented, measurable steps towards the overall goal that can be achieved within the requested period of services.

**Goal #1** \_\_\_\_\_

Objective #1 \_\_\_\_\_

Status.....  New  Accomplished  Existing (Partially met)  Existing (Not met)

Justify continued/modified service for Existing (Partially met) or Existing (Not met) objectives:

**Objective #2** \_\_\_\_\_

Status  New  Accomplished  Existing (Partially met)  Existing (Not met)

# HCBS Prior Authorization Request pg. 4

NY UHC Authorization Request Form Adult BH HCBS services\_NYS 2.12.16\_Com....pdf - Adobe Acrobat Pro

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Tools Fill & Sign Comment

Describe any other barriers or obstacles to the member's goals/objectives, and strategies to address them:

\_\_\_ I attest that the member has elected to receive all Adult BH HCBS requested above

\_\_\_ I have communicated with the member's Health Home care manager (not required)\*

\_\_\_ I have communicated with the member's managed care care manager (not required)\*

\_\_\_\_\_  
Signature of Provider

# HCBS Service specific plans

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- The member's presenting issues warranting services
- The member's problems *and* strengths
- The member's service goals are consistent with the purpose and intent of the program
- Plan for the provision of additional services to support the recipient outside of the program
- Criteria for discharge planning
- Person-centered care planning is clear and includes
  - Consistent goals and objectives
  - Concrete and easy to understand information (who, what and when)
  - Evaluation of goal attainment
  - Proactive planning to prevent or de-escalate crisis

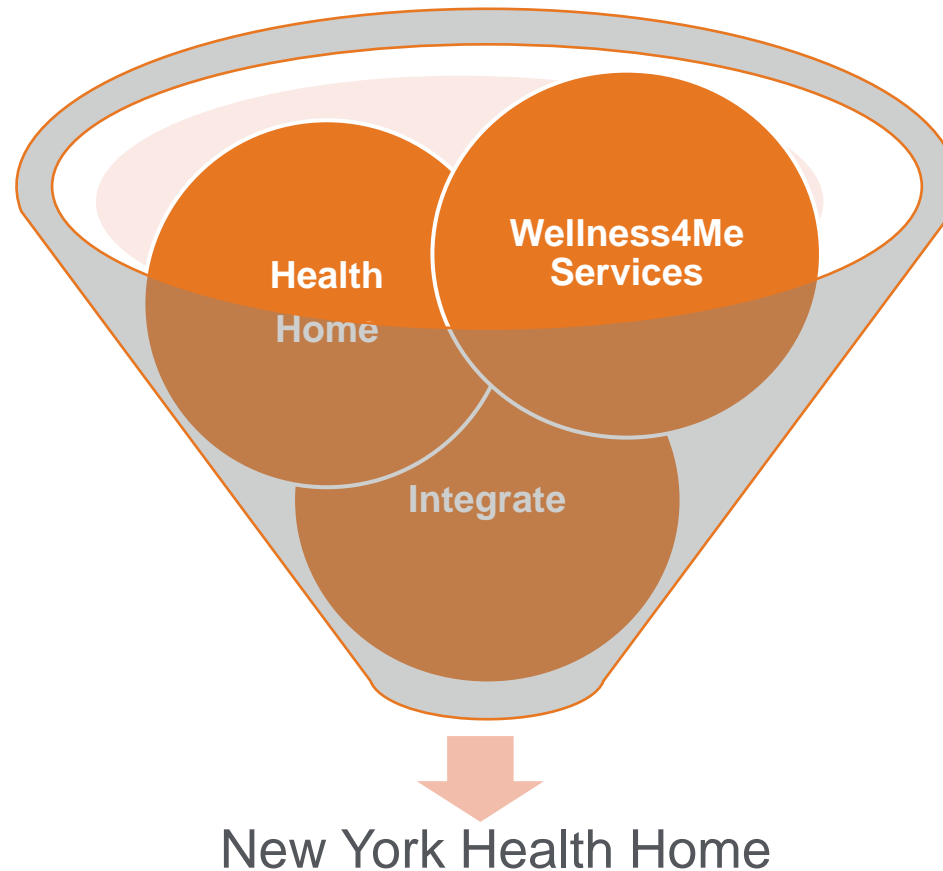
# Wellness4Me Health Homes and Care Coordination

Erica Bou, LMHC, CRC HCBS Administrator

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# Wellness4Me Care Coordination and Health Homes

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## Populations Health Homes serve

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- Individuals who are experiencing a severe disability or mental illness
- High risk homeless
- Medication Assisted Therapy (MAT)
- Members seeking permanent housing and a sense of community
- Transition from jail/prison
- Court-ordered community dwellers
- Members with complex medical conditions such as obesity, diabetes, asthma, HIV, congestive heart failure, etc.

# What services does a Health Home provide?

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The six (6) core Health Home functions mandated by the Patient Protection Act are:

<b>Operational Priorities</b>	<b>Medical</b>	<b>Behavioral</b>	<b>Social</b>
Transition of care	X	X	X
Care coordination	X	X	X
Referral management	X	X	X
Individual care	X	X	X
Health promotion	X	X	X
Care support for family/caregiver	X	X	X

## Health Home and HARP

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- HARP eligible members are flagged on the member assignment list sent to Health Homes
- Health Homes prioritize outreach to HARP eligible members
- UnitedHealthcare provides specific performance metrics for the services provided to Wellness4Me population
- Increased collaboration between United's Accountable Care Team and HARP Team around Wellness4Me population
- Education is provided to the Health Homes regarding HCBS during monthly joint operation meetings



# Cultural Competency

Gayle Parker-Wright, LCSW-R, Network Trainer

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# Cultural competency

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- Cultural and linguistic competence is a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals, that enables effective work in cross-cultural situations
- Competence means having the capacity to function effectively as an individual and an organization within the context of the cultural beliefs, behaviors, and needs presented by members and their communities

## Cultural competency, continued

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- Culture refers to integrated patterns of human behavior within various racial, ethnic, religious or social groups, including:
  - Language
  - Thoughts
  - Communications
  - Actions
  - Customs
  - Beliefs
  - Values
  - Institutions



# Importance and value of cultural competence

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- Given the diverse ethnic population in New York, providers must be prepared to provide culturally appropriate services
- Service settings and approaches should be culturally sensitive to engage individuals from diverse backgrounds to access services
- Promoting open discussions about mental health or substance abuse issues is an important step to reduce the stigma many individuals have
- Emphasizing individualized goals and self-sufficiency encourages members to live their lives to the fullest



Quality Improvement  
Gayle Parker-Wright, LCSW-R, Network Trainer

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# Quality improvement

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Quality of care is measured and monitored throughout the organization.

Examples of how we measure quality:

- Complaints
- Sentinel Events
- Provider Satisfaction Surveys
- Member Satisfaction Surveys
- Coordination of Care
- Best Practice Guidelines
- HEDIS® measures



# Member complaints

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As an organization we investigate all member complaints (also known as grievances)

## Complaints may be reported in different ways:

- Information is provided by the member and/or family member to the Health Plan or other internal department that reports cases
- Member direct report through calling the Health Plan Customer Service Department

## Providers are part of the investigative process

- Submit medical records for review
- Provide a response to an allegation
- Cooperate as necessary to resolve the investigation

# Sentinel Events

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## What is a Sentinel Event?

Sentinel events are defined as a serious, unexpected occurrence involving a Member that is believed to represent a possible quality of care issue on the part of the practitioner/facility providing services, which has, or may have, deleterious effects on the Member, including death or serious disability, that occurs during the course of a Member receiving behavioral health treatment.

## Reporting Sentinel Events to Quality:

- If you are aware of a sentinel event involving a Member, you **must** notify UnitedHealthcare Community Plan within **one business day** of the occurrence
- Standardized reporting forms (located [here](#) on Provider Express) should be sent directly to the Quality Department through secure fax or email:
  - Fax: 844-342-7704 – Attn: Quality Department
  - Email: NYBH\_QIDept@uhc.com
- Additional information about Sentinel Events can be found in the Behavioral Health Provider Manual



# Appeals

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An Appeal is any of the procedures that deal with the review of adverse determinations on the health care services a Member is entitled to receive or any amounts that the Member must pay for a covered service.

All Appeals should be submitted to:

**UnitedHealthcare Community Plan Appeals**

**P.O. Box 31364**

**Salt Lake City, UT 84131-0364**

For questions about Appeals, you may call **866-362-3368**



BH452-122015



# Provider quality audits

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- Provider audits are completed for a variety of reasons:
  - On-going monitoring of providers, including Home and Community Based Services providers
  - At the time of Credentialing and Recredentialing for providers without OMH/OASAS certification and without a national accreditation (for example, The Joint Commission or CARF)
  - Quality of Care (QOC) investigation
  - Investigation of member complaints regarding the physical environment of an office or agency

# Provider quality audits, continued

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## Elements reviewed during audits

- Physical environment
- Policies and procedures
- Member treatment records
- Personnel files

## Scoring of Audits

- 85% and higher is passing
- Scores between 80 – 84% require a Corrective Action Plan (CAP)
- Scores below 79% require a CAP and re-audit

# Audit tools

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- There are 8 audit tools for New York Medicaid:
  - Organizational Provider Site Audit Tool
  - Treatment Record Review Tool
  - HCBS Record Tool
  - Case Management Record Tool
  - Psychosocial Rehab Record Tool
  - Peer Support Record Tool
  - Clinician Site Audit Tool
  - Home Office Site Audit Tool
- The audit tools are posted on [providerexpress.com](http://providerexpress.com): from the home page, choose **Our Network > Welcome to the Network > New York > Quality Improvement > Audit Tool Names**

# Documentation standards

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- Information regarding documentation standards for behavioral health providers can be located in 3 places:
  - The Optum Network Manual (located on [providerexpress.com](http://providerexpress.com)): from the home page, choose Clinical Resources > Guidelines/Policies & Manuals > Optum Network Manual > Treatment Record Documentation Requirements
  - The New York Mainstream Medicaid and Wellness4Me Behavioral Health Provider Manual (located on Provider Express: from the home page choose Our Network > Welcome to the Network > New York > NY Medicaid Behavioral Health Provider Manual)
  - The audit tools

# Documentation standards, continued

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## Highlights of documentation standards

- Record must be legible
- All entries must be signed by the rendering provider
- Entries must include the start and stop time or length of time spent in the session (for timed sessions)
- A Psychiatric and medical history, including the presenting problem, is documented
- Risk assessments (initial and on-going), including safety planning when applicable are present
- A Substance abuse screening is completed
- For children and adolescents, a complete developmental history is documented

## Documentation standards, continued

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- Treatment planning documentation includes
  - Short- and long-term goals that are objective and measurable
  - Time frames for goal attainment
  - Updates to the plan when goals are achieved or new issues are identified
  - Modifications to goals if goals are not achieved
- Coordination of care is completed (and documented) with Primary Care Physicians
- Coordination of care is completed (and documented) with other treating providers
- If the member refuses to allow coordination to occur, that is clearly documented in the treatment record
- Discharge planning should be on-going and a discharge summary is documented when services are completed
- Medical necessity for services that are rendered is clearly documented

# HCBS documentation standards

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The HCBS documentation requirements for encounters specifically include:

- Name of member
- Type of service provided
- Date of service provided
- Location of service
- Duration of service, including start and end times
- Description of interventions to meet Plan of Care goals
- Outcome(s) or Progress made toward goal achievement
- Follow up/ next steps
- Provider name, qualifications, signature and date



## Provider quality audits, continued

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### Feedback to providers

- Feedback is provided verbally at the conclusion of the audit
- A written feedback letter is mailed within 30 days for routine audits; for Quality of Care audits, the feedback letter is mailed after the requesting committee reviews the audit results
- When a Corrective Action Plan is required, it must be submitted within 30 days of the request
- Re-audits are completed within 3-6 months of acceptance of the Corrective Action Plan

# Credentialing and Recredentialing

Gayle Parker-Wright, LCSW-R, Network Trainer

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# Network participation requirements

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- **The participation process begins with submission of the provider application**

- Agencies pursuing group contracts complete the Agency Application

- **Additional required application materials include**

- Signed Agreement
- Signed Disclosure of Ownership and Control Interest Statement
  - One per agency if pursuing a group contract

- **Pre-contractual site audits**

- Required for unaccredited agencies pursuing group contracts
- May be waived if licensed/certified by OMH/OASAS or HCBS designated

- **Approval by Optum Credentialing Committee**

# Credentialing of groups and agencies

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## Group Contracts

- For provider group agencies that employ both licensed professional and unlicensed paraprofessional staff to render services under the umbrella of the agency, Optum will execute group contracts with the agency as the contracting entity
- Group agencies must submit the Agency Application, including the services being provided and the licensed clinical professionals on the staff roster (when requested)
- The individual licensed clinicians on staff do not need to submit CAQH applications or be individually credentialed when they work for the agency under a group contract Agreement

# Recredentialing

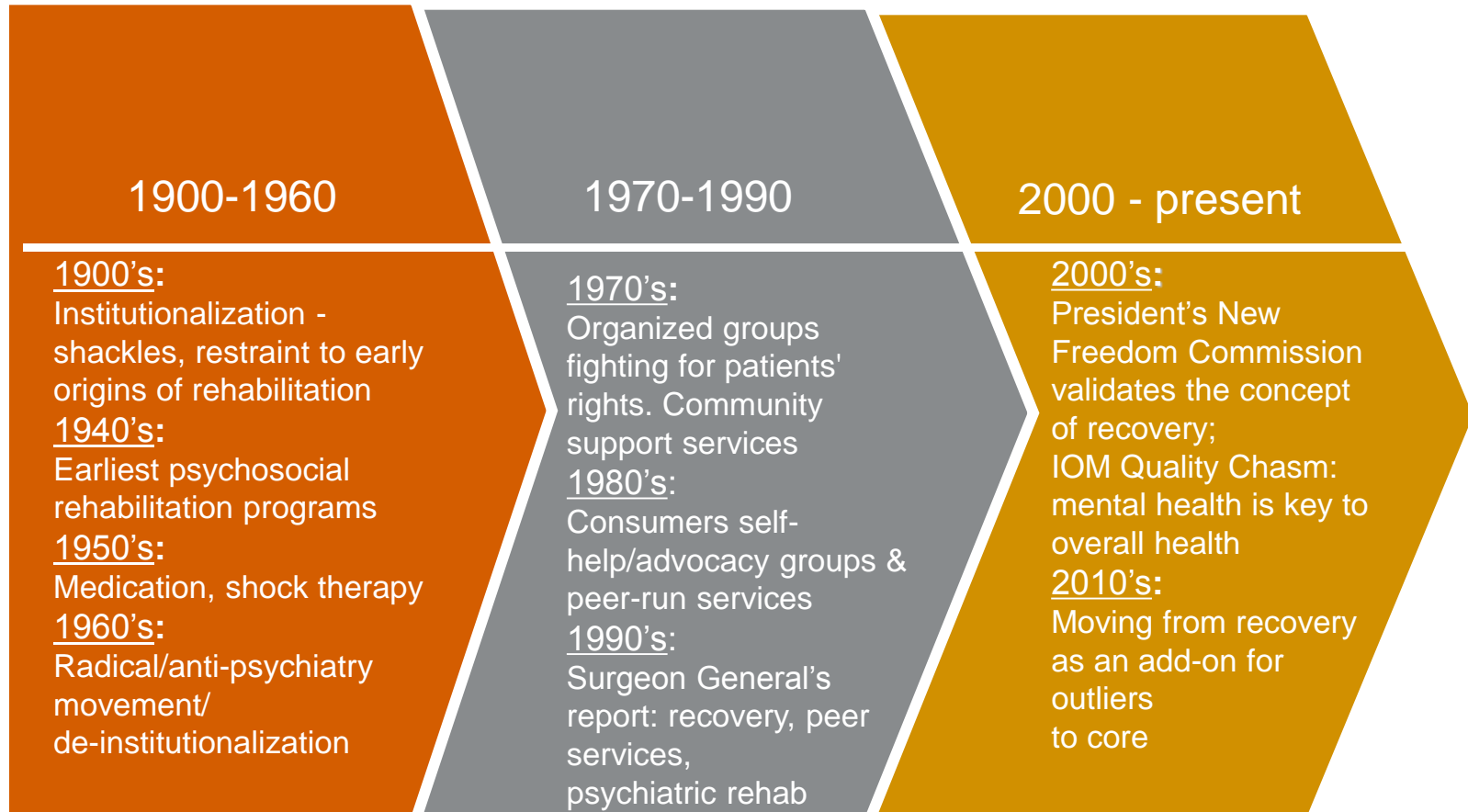
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- Recredentialing is completed every 36 months (3 years)
  - This time line is established by NCQA
- Several months prior to the recredentialing date, a recredentialing packet will be sent to the provider
- Completion of the entire recredentialing packet is required for the recredentialing process to be completed
- Site audits will be completed for organizational providers as indicated by Optum policy
- Failure to complete the recredentialing paperwork or participate in the recredentialing site audit (when applicable) will impact the provider's status in the network
- Completion of the recredentialing process takes time, it is important to submit required documentation as soon as possible

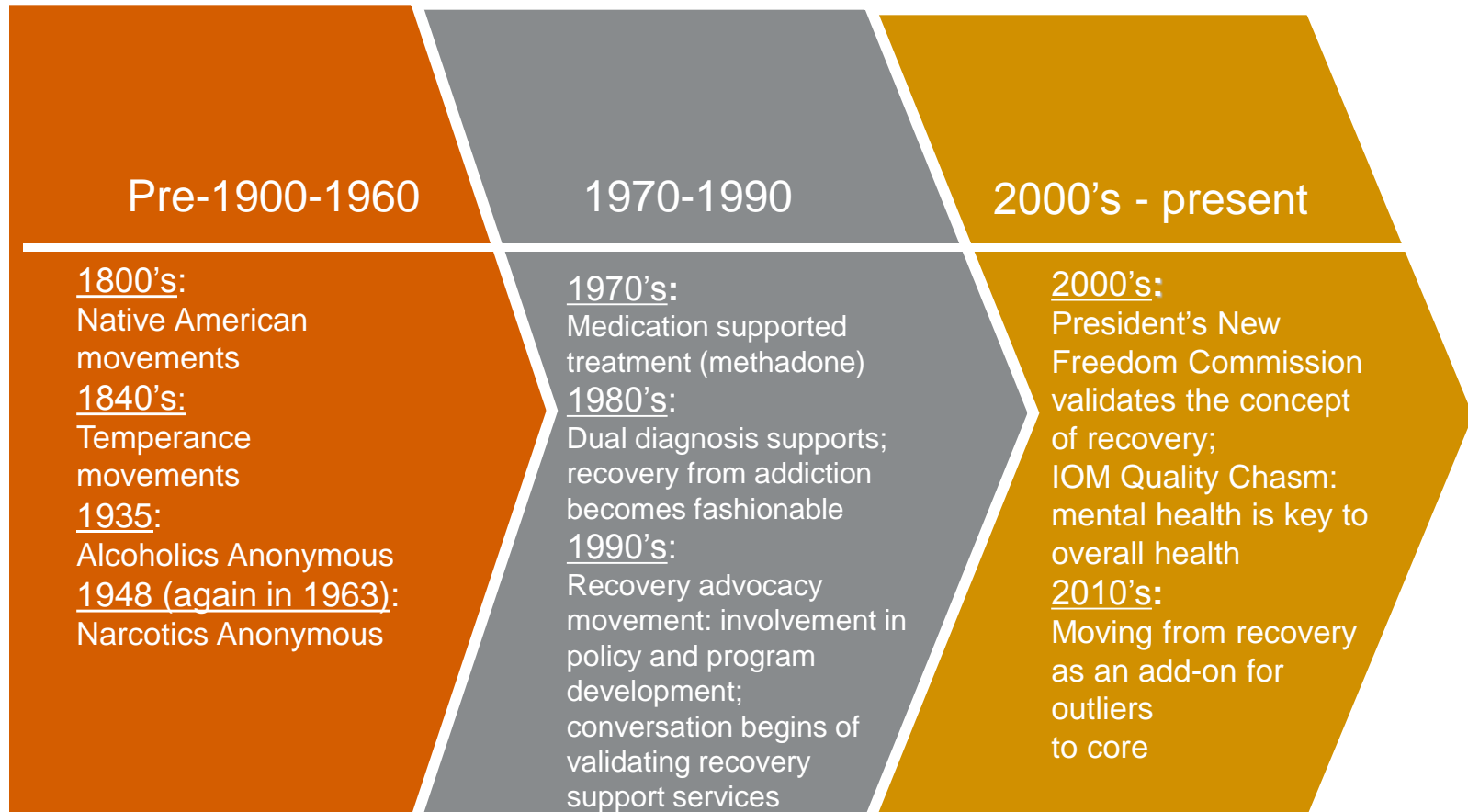


Recovery and Resiliency and Peer Support Services  
Barbara Tedesco, MS, CRC, Recovery and Resiliency Manager

# Origins of recovery: it's mainstream now



# Origins of addiction recovery





# New SAMHSA definition

## Working Definition of Recovery

**A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.**

## Principles of Recovery

- Person-driven
- Occurs via many pathways
- Holistic
- Supported by peers
- Supported through relationships
- Culturally-based and influenced
- Supported by addressing trauma
- Involves individual, family, and community strengths and responsibility
- Based on respect
- Emerges from hope

## Four major domains that support recovery:

- **Health:** Overcoming or managing one's disease(s) as well as living in a physically and emotionally healthy way
- **Home:** A stable and safe place to live
- **Purpose:** Meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income, and resources to participate in society
- **Community:** Relationships and social networks that provide support, friendship, love, and hope

# Shifting the paradigm

## Illness/Deficit Focused

## Recovery/Person-Centered

Mastery of the professional treating deficits – compliance of individual	Partnership emphasizing collaboration, strengths, skill-building, and empowerment leading to resilience
Services begin with illness assessment and work toward illness reduction goals	Services begin with engagement and work toward quality of life goals
Recovery from the illness sometimes results after illness and behaviors are managed	Personal recovery is central from beginning to end
Motivation for change is externally driven	Motivation for change based on personal hope and individuals' own goals
Medication compliance is key	Medication is one tool based on informed choice
Use techniques that promote illness control and reduction of risk	Use techniques that promote personal growth and self-responsibility
Services are forever and embedded in MH system	Emphasis on personal life management and the use of natural community resources

# Resilience

## Definition of Resilience

“The capacity of a system, enterprise, or a person to maintain its core purpose and integrity in the face of dramatically changed circumstance.”

## Good News

- “New research suggests that there are concrete things we can do to bolster resilience”
- “Resilience appears to be a common phenomenon of basic human adaptation systems”
- “Patterns of resilience depend upon habits of the mind that we can cultivate”

*Adapted from: “Resilience: Why Things Bounce Back,” Andrew Zolli & Ann Marie Healy (2012)*

## Facilitators of Resilience

- Trauma informed practices: What happened to you vs. what is wrong with you
- Build optimism, accentuate strengths
- Strong support system, including self-help
- Cultural identity and pride
- Hope
- Creativity and powers of persuasion
- Mindfulness
- Inspire and be inspired

# Peer support specialists

<b>Certified Peer Specialist</b>	<ul style="list-style-type: none"><li>• Person who acknowledges “lived experience” and maintains strong recovery strategies</li><li>• Uses recovery strategies and formal training for the benefit of others</li><li>• May offer emotional support, share knowledge, teach skills toward meaningful life goals</li></ul>
<b>Effectiveness</b>	<ul style="list-style-type: none"><li>• Engaging and retaining people in MH and SU services</li><li>• Supporting people in taking active role in treatment</li><li>• Lowering re-hospitalization rates/reducing ER services</li></ul>
<b>Effectiveness</b>	<ul style="list-style-type: none"><li>• Increasing overall satisfaction with services</li><li>• Reducing symptoms and/or substance use</li><li>• Improvements in practical outcomes (employment, housing, etc.)</li></ul>
<b>Why</b>	<ul style="list-style-type: none"><li>• Supported by New Freedom Commission, SAMHSA, Crossing the Quality Chasm, etc</li><li>• Evidence-based practice</li><li>• It works</li></ul>



Billing and Claims  
Eunice Hudson, Provider Education Specialist

## Links to resource documents

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- HARP Mainstream Billing and Coding Manual

[omh.ny.gov/omhweb/bho/harp-mainstream-billing-manual.pdf](http://omh.ny.gov/omhweb/bho/harp-mainstream-billing-manual.pdf)

- HCBS Manual

[omh.ny.gov/omhweb/News/2014/hcbs-manual.pdf](http://omh.ny.gov/omhweb/News/2014/hcbs-manual.pdf)

- Fee Schedule and Rate Codes

[omh.ny.gov/omhweb/bho/phase2.html](http://omh.ny.gov/omhweb/bho/phase2.html)

# Managed Care Technical Assistance Center

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The Managed Care Technical Assistance Center (MCTAC) is a training, consultation, and educational resource for all mental health and substance use disorder providers in New York State.

Recent trainings:

- Integrated Managed Care Billing Guidance (guidance on how to submit clean claims)
- HCBS Service Cluster Webinar Series

Also available:

- Interactive glossary of terms
- Managed Care Language Guide
- Frequently Asked Questions
- MCO Plan Comparison Matrix

Website: <http://mctac.org>

# HCBS billing requirements

## Requirements

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- 837i claim form (institutional) electronic form
- UB-04 (institutional) paper form
- Value code “24”
- Medicaid Fee-For-Service rate code
- Revenue code 0911
- Valid procedure code(s)
- Procedure code modifiers (as needed)
- Units of service

Location of state billing and coding manual:

- [omh.ny.gov/omhweb/bho/billing-services.html](http://omh.ny.gov/omhweb/bho/billing-services.html)
- [omh.ny.gov/omhweb/bho/hcbs-manual.html](http://omh.ny.gov/omhweb/bho/hcbs-manual.html)
- [omh.ny.gov/omhweb/bho/phase2.html](http://omh.ny.gov/omhweb/bho/phase2.html)



# Psychosocial Rehabilitation (PSR)

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- Three different types of sessions
    - Individual, per 15 minutes
      - Billed in 15 minute units with a limit of 8 units per day (2 hours)
      - May be billed the same day as a PSR group session; can't be billed on the same day as a PSR individual per diem
      - May be provided on or off-site
      - Staff transportation is billed separately as appropriate
    - Individual, per diem
      - Billed daily with a max of 1 unit
      - May not be billed the same day as a PSR group session or an individual per 15 minutes
      - May be billed on or off-site
      - Staff transportation billed separately as appropriate
    - Group
      - Billed daily in 15 minute units with a limit of 4 units per day (1 Hour)
-

# Community Psychiatric Support & Treatment (CPST)

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- Billed daily in 15 minute increments
- Payment is broken into various levels through the use of the procedure codes and, when applicable modifier codes, that indicate the type of staff providing the service
- No group sessions
- May only be provided off-site
- Staff transportation is billed separately as appropriate

# Habilitation/Residential Support Services

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- Billed daily in 15 minute increments with a limit of 12 units (3 hours) per day
- There are no group sessions for this service
- May be provided on or off-site
- Staff transportation is billed separately as appropriate

# Family Support and Training (FST)

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- Session provided to one family
  - Billed daily in 15 minute increments with a limit of 12 units per day
  - May be provided on or off-site
  - Staff transportation is billed separately as appropriate
- Group (consists of 2-3 families)
  - Billed daily in 15 minute increments with a limit of 12 units per day
  - May be billed on the same day as a FST one family session
  - May be provided on or off-site

## Additional services, continued

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### **Short Term Crisis Respite**

- Billed daily with a max unit of 1 per day
- Stays may be no longer than 7 days per episode, not to exceed a maximum of 21 days per year (some exceptions apply, see HCBS manual)
- May only be provided in facilities dedicated to this purpose
- Fee includes transportation, do not bill transportation separately

### **Intensive Crisis Respite**

- Billed daily with a max unit of 1 per day
- Stays may be no longer than 7 days per episode, not to exceed a maximum of 21 days per year (some exceptions apply, see HCBS manual)
- May only be provided in facilities dedicated to this purpose
- Fee includes transportation, do not bill transportation separately

## Additional services, continued

---

### **Education Support Services**

- Billed daily in 1 hour units with a max units of 2 (2 hours)
- May be provided on or off-site
- Staff transportation is billed separately as appropriate

### **Empowerment Services, Peer Supports**

- Billed daily in 15 minute units with a limit of 16 units (4 hours) per day
- May be provided on or off-site
- Staff transportation is billed separately as appropriate

## Additional services, continued

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### **Pre-Vocational Services**

- Billed daily in 1 hour units with a limit of 2 units (2 hours) per day
- May be provided on or off-site
- Staff transportation is billed separately as appropriate

### **Transitional Employment**

- Billed daily in 15 minute units with a limit of 12 units (3 hours) per day
- May be provided on or off-site
- Staff transportation is billed separately as appropriate

## Additional services, continued

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### **Intensive Supportive Employment**

- Billed daily in 15 minute units with a limit of 12 units (3 hours) per day
- May be provided on or off-site
- Staff transportation is billed separately as appropriate
- Modifier is used to indicate “Complex Level of Care”

### **On-Going Supported Employment**

- Billed daily in 15 minute units with a limit of 12 units (3 hours) per day
- May be provided on or off-site
- Staff transportation is billed separately as appropriate



# Transportation

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## Staff transportation, non-emergency

### Per mile

- Billed daily in per mile units with a limit of 60 miles for a round trip
- 0.58 cents per mile (per federal guidelines)

### Per round trip

- Billed monthly using the first day of the month as date of service
- Each round trip counts as one unit, with a limit of 31 units per calendar month

# HARP HCBS crosswalk example

Rate Code	Rate Code Description	Px Code	Px Code Description	Modi-fiers	Unit Measure	Units Limits (Claim Line Level)	Other rate codes prohibited on same day (combination edits)
7784	HARP HCBS Psychosocial Rehab - Indv - on-site	H2017	Psychosocial rehabilitation services; per 15 minutes	U1	Per 15 min	8	7785, 7789
7785	HARP HCBS Psychosocial Rehab - Indv - off-site	H2017	Psychosocial rehabilitation services; per 15 minutes	U2	Per 15 min	8	7784, 7789
7786	HARP HCBS Psychosocial Rehab - Group 2-3	H2017	Psychosocial rehabilitation services; per 15 minutes	UN or UP	Per 15 min	4	7787, 7788, 7789
7787	HARP HCBS Psychosocial Rehab - Group 4-5	H2017	Psychosocial rehabilitation services; per 15 minutes	UQ or UR	Per 15 min	4	7786, 7788, 7789
7788	HARP HCBS Psychosocial Rehab - Group 6-10	H2017	Psychosocial rehabilitation services; per 15 minutes	US	Per 15 min	4	7786, 7787, 7789

# HARP HCBS example, UB-04

38				39 VALUE CODES AMOUNT		40 VALUE CODES AMOUNT		41 VALUE CODES AMOUNT		b
				39 CODE	39 AMOUNT	40 CODE	40 AMOUNT	41 CODE	41 AMOUNT	
				a	24	7784				
				b						
				c						
				d						
42 REV. CD.	43 DESCRIPTION	44 HCPCS / RATE / HIPPS CODE	45 SERV. DATE	46 SERV. UNITS	47 TOTAL CHARGES		48 NON-COVERED CHARGES		49	
0911		H2017U1	10012015	8	150	00				
									1	
									2	
									3	
									4	
									5	

Other rate codes prohibited on same day (combination edits):  
7785 and 7789

# Required fields, UB-04, top

Type of Bill

1 Billing Provider Information										2 Billing provider designated Pay-To										3a PAT. CNTL. #		4 TYPE OF BILL																											
																				b. MED. REC. #																													
																				5 FED. TAX NO.		6 STATEMENT COVERS PERIOD FROM THROUGH		7																									
8 PATIENT NAME										9 PATIENT ADDRESS										TIN		From and Through dates																											
a Patient's name										b Patient's address																																							
b										c										d		e																											
10 BIRTHDATE		11 SEX		12 DATE		13 HR		14 TYPE		15 SRC		16 DHR		17 STAT		18		19		20		21		22		23		24		25		26		27		28		29 ACDT STATE		30									
Birthdate & Sex																																																	
31 OCCURRENCE CODE		32 OCCURRENCE DATE		33 OCCURRENCE CODE		34 OCCURRENCE DATE		35 OCCURRENCE CODE		36 OCCURRENCE DATE		37 OCCURRENCE CODE		38 OCCURRENCE DATE		39 OCCURRENCE CODE		40 OCCURRENCE DATE		41 OCCURRENCE CODE		42 OCCURRENCE DATE		43 OCCURRENCE CODE		44 OCCURRENCE DATE		45 OCCURRENCE CODE		46 OCCURRENCE DATE		47 OCCURRENCE CODE		48 OCCURRENCE DATE		49 OCCURRENCE CODE		50 OCCURRENCE DATE											
a										b																																							
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1												Procedure code & Modifier(s)										Service date		Service units		Total charges																							
2																																																	
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# Required fields, UB-04, bottom

21																																														
22																																														
23	PAGE ____ OF ____					CREATION DATE					TOTALS →																																			
50	PAYER NAME					51 HEALTH PLAN ID					52 REG. UFGS	53 ASG UFGS	54 PRIOR PAYMENTS			55 EST. AMOUNT DUE			56 NPI		Program NPI																									
A																																														
B																																														
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58	INSURED'S NAME					59 REL.	60 INSURED'S UNIQUE ID					61 GROUP NAME					62 INSURANCE GROUP NO.																													
A												Insured ID #																																		
B																																														
C																																														
63	TREATMENT AUTHORIZATION CODES										64 DOCUMENT CONTROL NUMBER										65 EMPLOYER NAME																									
A																																														
B																																														
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66	ICD-10-CM										B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z											
69	ADM T DX	70 PATIENT REASON DX					a	OTHER PROCEDURE CODE DATE					b	OTHER PROCEDURE CODE DATE					c	OTHER PROCEDURE CODE DATE					75	76 ATTENDING NPI					QUAL															
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UB-04 CMS-1450

APPROVED QMS NO. 0935-0997

THE CERTIFICATIONS ON THE REVERSE APPLY TO THIS BILL AND ARE MADE A PART HEREOF.



BH452-122015



# Service combinations

<b>NYS Allowable Billing Combinations of OMH/OASAS State Plan Services and HCBS</b>								
<b>HCBS/State Plan Services</b>	<b>OMH Clinic/OLP</b>	<b>OASAS Clinic</b>	<b>OASAS Opioid Treatment Program</b>	<b>OMH ACT</b>	<b>OMH PROS</b>	<b>OMH IPRT/CDT</b>	<b>OMH Partial Hospital</b>	<b>OASAS Outpatient Rehab</b>
PSR	Yes	Yes	Yes				Yes	
CPST							Yes	
Habilitation	Yes	Yes	Yes				Yes	
Family Support and Training	Yes	Yes	Yes			Yes	Yes	Yes
Education Support Services	Yes	Yes	Yes		Yes	Yes	Yes	Yes
Peer Support Services	Yes	Yes	Yes		Yes	Yes	Yes	Yes
Employment Services	Yes	Yes	Yes			Yes	Yes	Yes

# Submission of Claims

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# Clean claim

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A claim with no defect or impropriety (including any lack of any required substantiating documentation) or particular circumstance requiring special treatment that prevents timely payments from being made on the claim is considered a clean claim.

- All required fields are
  - Complete
  - Legible

All claim submissions must include:

- Member's name, Medicaid identification number and date of birth
- Provider's Federal Tax I.D. number (TIN)
- National Provider Identifier (NPI)
- A complete diagnosis (ICD-10-CM)

Providers are responsible for billing in accordance with nationally recognized CMS Correct Coding Initiative (CCI) standards. Additional information is available at [cms.gov](https://www.cms.gov)



## Claims submission deadline

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- Providers must initially submit claims within one hundred and twenty (120) days after the date of the service
- Paper clean claims will be paid within 45 days of receipt
- Electronic clean claims will be paid within 30 days of receipt
- If a provider wants to appeal a claim payment or denial, the appeal must be submitted within 90 days after receipt of the Provider Remittance Advice (PRA)

## Claims submission option 1: EDI/Electronically

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- Electronic Data Interchange (EDI) is an electronic-based exchange of information
- Performing claim submission electronically offers distinct benefits
  - It's fast – eliminates mail and paper processing delays
  - It's efficient – electronic processing helps catch and reduce pre-submission errors, so more claims auto-adjudicate
  - It's complete - you get feedback that your claim was received by the payer
  - It's cost-efficient - you eliminate mailing costs, the solutions are free or low-cost
- You may use any clearinghouse vendor to submit claims
- Payer ID for submitting claims is 87726
- Additional information regarding EDI is available on [UHCommunityplan.com](https://UHCommunityplan.com)

## Claims submission option 2: hardcopy

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Paper claims submitted via U.S. Postal Service should be mailed to:

**Optum Behavioral Health  
P.O. Box 30760  
Salt Lake City, UT 84130-0760**

Appeals submitted via U.S. Postal Service should be mailed to:

**United Healthcare Community Plan, Appeals  
P.O. Box 31364  
Salt Lake City, UT 84131-0364**

# Electronic Payments & Statements (EPS)

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- Faster Payments, better cash flow
- Less work, more time
- No need to change your current posting process
  - For more information call 866-842-3278, option 5
  - Or visit <https://www.unitedhealthcareonline.com>



Provider Express  
UnitedHealthcare Online  
Live and Work Well

Ilana Adler, LMSW, Government Liaison for NY

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# Provider Express

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Provider Express - [providerexpress.com](https://providerexpress.com)

Our industry-leading provider website includes both public and secure pages for behavioral health providers. Public pages include general updates and useful information. Secure pages require registration and are available only to network providers. The password-protected “secure transactions” provides New York Medicaid providers access to provider-specific information.

# Provider Express, (continued)

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## Public Pages include general updates and other useful information:

- Download standard forms (i.e. provider demographic updates, psych testing forms)
- Find network contacts
- Review clinical guidelines
- Access archived issues of Network Notes, the provider newsletter
- Level of Care Guidelines
- Training/Webinar offerings

# Provider Express, (continued)

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- Secure pages are available only to Optum in-network providers and require registration
- Providers will be able to update their practice information using the “My Practice Info” feature
- To request a User ID, select the “First-time User” link in the upper right corner of the home page
- If you need assistance or have questions about the registration process, call the Provider Express Support Center at **866-209-9320** (toll-free) from 7 a.m. to 9 p.m. Central time, or chat with a tech support representative online



# Provider Express Home Page – Log In

The screenshot displays the top navigation area of the Provider Express website. At the top right, there are links for [Log In](#), [First-time User](#), [Global](#), and [Site Map](#). Below these links is a search bar with a [Search](#) button. A red arrow points to the [Log In](#) link, and a blue arrow points to the search bar. Below the search bar is a horizontal navigation menu with links for [About Us](#), [Clinical Resources](#), [Admin Resources](#), [Tech Resources](#), [Training](#), [Our Network](#), and [Contact Us](#). Below the navigation menu is a large banner area with the text "Provide a better experience for clients. Update your provider directory information." and a [More >>](#) button. To the right of the banner is a sidebar with a "Transactions" section containing links for [Eligibility & Benefits](#), [Auth Request & ReviewOnline](#), [Auth Inquiry](#), [Claim Entry](#), [Claim Inquiry](#), [My Provider Express](#), and [My Practice Info](#). Below the banner are four small black dots.

# Provider Express – Tech Support Live Chat feature

If you are contracted in the Optum/OHBS-CA network, you can use the registration process to create your account within Provider Express.

[Register](#) 

The following information is required to register:

**Providers** (individually-contracted clinicians):

1. Provider First Name
2. Provider Last Name
3. Tax ID
4. NPI (Type I - Individual)
5. Last 4 digits of Provider's SSN

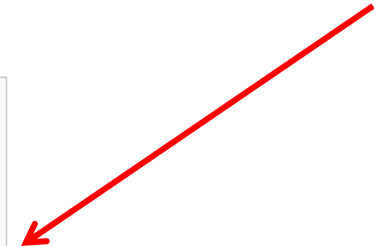
**Groups/Practices** (contracted for outpatient, professional services):

1. Group/Practice Name
2. Tax ID
3. NPI (Type II - Organization)

**Facilities** (contracted for inpatient, IOP and other facility-related services):

1. Facility Name
2. Federal Tax ID
3. NPI (Type II - Organization)

If you need assistance or have questions about the registration process, call the Provider Express Support Center at 1 866-209-9320 (toll-free) from 7 A.M. to 9 P.M. Central time or chat with a tech support representative online.



[Security Notice](#) | [Privacy](#) | [Site Use Agreement](#) | [Site Map](#)

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# My Practice Info – Group Login

- Group logins will see a difference in the My Practice Info page due to how they are set up in the internal system
- Clicking on the “View Address Info” button will display the locations page specific to that group

**My Practice Info - Review Practice Profile**

Practice Name: Practice Name  
Tax ID Number: 999999999 [update](#)  
NPI: 1111111111  
Medicaid Number: [add](#)  
Medicare Number: [add](#)

[View Address Info](#)

Our records indicate that Diamond Grove Center has the following contact information.

Contact Name	Contact Phone Number	Action
First Last Name	555-555-5555	<a href="#">update</a>

Our records indicate that the following list of providers are in the practice. To update the list of providers below, please contact your [Provider Network Manager](#).

One item found.1

Providers	NPI
Name, Provider	1234567890

# My Practice Info – Practice Locations for Group Logins

- The Practice Locations page for group logins also looks different from individual logins
- Users can click on the “update” or “delete” links to the right of any address, and/or can click on the Add New Location button at the bottom
- With any of these updates, if there are individually-contracted providers for that group, there are options to choose which provider(s) the update/delete/add affects

## My Practice Info - Practice Locations

Our records indicate that Diamond Grove Center has the following locations. To add a new location, click **Add New Location**.

Any requested changes will be reflected in 3 to 5 business days from the time of request.

Address	Address Type	Phone	Secured Fax	Conditions of Address	Action
123 Anywhere Street Somewhere USA 55555	<a href="#">Remit, Practice, Primary</a>	(555)555-5555		None Listed	<a href="#">update</a>   <a href="#">delete</a>

[Add New Location](#)



BH452-122015



# UnitedHealthcare provider website

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## [unitedhealthcareonline.com](https://unitedhealthcareonline.com)

- **Secure transactions for Medicaid include:**
  - Check eligibility and authorization or notification of benefits requirements
  - Submit professional claims and view claim status
  - Make claim adjustment requests
  - Register for Electronic Payments and Statements (EPS), including Electronic Funds Transfer (EFT)
  - To request a user ID to the secure transactions on the [unitedhealthcareonline.com](https://unitedhealthcareonline.com), select Enroll Today from the Home Page; you may obtain additional information through the Help Desk at 866-842-3278
- For member eligibility, claim status, and reference materials, go to [UnitedHealthcareOnline.com](https://UnitedHealthcareOnline.com) > Tools and Resources > UnitedHealthcare Community Plan Resources
- Customer Service for website support: 800-600-9007

# UnitedHealthcare Online – login page

UnitedHealthcare **ONLINE** About Us Contact Us Physician Directory Practice/Facility Profile Help [Sign In](#) [New User](#)

Patient Eligibility & Benefits Claims & Payments Notifications/Prior Authorizations Tools & Resources Clinician Resources

## Welcome to UnitedHealthcareOnline.com

A resource for physicians and other health care professionals.

### Link: Your New Gateway For UnitedHealthcare's Online Tools

- Get the information you need with fewer clicks.
- Link replaces Optum Cloud Dashboard
- Use Your Optum ID to sign in to Link and UnitedHealthcareOnline.com

Learn more about Link

[Sign In](#) [New User](#)

#### News


UnitedHealthcare Community Plan Added to Electronic Payments & Statements ★ New  
11/10/2015

November 2015 edition of the Medical Policy Update Bulletin now available  
11/01/2015

November 2015 Network Bulletin ↗  
10/30/2015

2015 October New Pathway to Premium Program ↗  
10/30/2015

#### In The Spotlight



Internet Explorer 8 (or above) is recommended for using Link.  
[Learn more about Link browser compatibility.](#)

# Training

The screenshot shows the UnitedHealthcare ONLINE website interface. At the top, the UnitedHealthcare logo is followed by 'ONLINE' and navigation links: 'About Us', 'Contact Us', 'Physician Directory', 'Practice/Facility Profile', and 'Help'. There are 'Sign In' and 'New User' buttons. Below this is a dark blue navigation bar with dropdown menus for 'Patient Eligibility & Benefits', 'Claims & Payments', 'Notifications/Prior Authorizations', 'Tools & Resources', and 'Clinician Resources'. The breadcrumb trail reads 'Home > Tools & Resources > Training & Education'. The main content area is titled 'Training & Education' and includes a 'Print Friendly Version' link. A sidebar on the left lists 'EDI Education for Electronic Transactions', 'Forms', and 'Health Information Technology'. The main text under 'Seminar Catalog' describes free instructor-led trainings on topics like Website, HIPAA 5010 and ICD-10, CME Credit, Medicaid and Medicare Topics, and Additional Learning Opportunities. A 'Need help?' section points to the Help section and a site tour.

Training Opportunities:  
Unitedhealthcareonline.com Overview  
EPS Introduction  
EDI 101: Basics and Beyond

# Electronic Payments & Statements (EPS)

The screenshot displays the UnitedHealthcare ONLINE website interface. At the top, the UnitedHealthcare logo is followed by the word "ONLINE" and navigation links for "About Us", "Contact Us", "Physician Directory", "Practice/Facility Profile", and "Help". There are "Sign In" and "New User" buttons on the right. Below this is a dark blue navigation bar with dropdown menus for "Patient Eligibility & Benefits", "Claims & Payments", "Notifications/Prior Authorizations", "Tools & Resources", and "Clinician Resources". The main content area has a breadcrumb trail: "Home > Claims & Payments > Electronic Payments & Statements (EPS) > Electronic Payments & Statements (EPS)". On the left is a sidebar menu with options like "Claim Estimator", "Claim Reconsideration", "Claim Research Project", "Claim Status", "Claim Submission", "Electronic Payments & Statements (EPS)" (highlighted in blue), "Fee Schedule Lookup", "Outpatient Procedure Group (OPG)", and "UnitedHealthcare Online All-Payer Gateway". The main content area features the title "Electronic Payments & Statements (EPS)" with a "Print Friendly Version" link. The text describes EPS as a solution for electronic remittance advice (ERA) and electronic funds transfer (EFT), allowing users to access EOBs online and receive direct deposit. It lists benefits such as faster payments, better cash flow, and less work. A numbered list provides steps for enrollment: 1. Receive email notifications, 2. View deposit amount and EOBs, 3. Choose posting method. Enrollment is noted as starting Jan. 1, 2016, and available in various states. An "Enroll Now" button is at the bottom.

UnitedHealthcare | ONLINE

About Us Contact Us Physician Directory Practice/Facility Profile Help Sign In New User

Patient Eligibility & Benefits Claims & Payments Notifications/Prior Authorizations Tools & Resources Clinician Resources

Home > Claims & Payments > Electronic Payments & Statements (EPS) > Electronic Payments & Statements (EPS)

Claim Estimator

Claim Reconsideration

Claim Research Project

Claim Status

Claim Submission

Electronic Payments & Statements (EPS)

Electronic Payments & Statements (EPS)

Fee Schedule Lookup

Outpatient Procedure Group (OPG)

UnitedHealthcare Online All-Payer Gateway

## Electronic Payments & Statements (EPS)

[Print Friendly Version](#)

EPS is our solution for electronic remittance advice (ERA) and electronic funds transfer (EFT). EPS allows you to access your explanation of benefits (EOBs) online and receive direct deposit of claim payments into your checking or savings account.

**Faster payments, better cash flow**  
Eliminate mail delivery and check-clearing time to receive your payments 5 to 7 days faster.

**Less work, more time**  
No more envelopes to open, paper checks to track or trips to the bank. More than 850,000 physicians, health care professionals, facilities and billing companies use EPS today for its easier reconciliation experience, reduced paperwork and the greater efficiency it brings to administration.

**No need to change your current posting process**  
With EPS all you need is a computer and internet connection; no special software or system upgrades are necessary. Here's how it works:

1. You and your designees receive email notifications when payments are deposited.
2. View the deposit amount and all EOBs associated with that deposit by logging onto EPS.
3. Choose your posting method. Online remittance advices mirror paper remits so you can post from the screen, download a copy, or print EOBs. If you wish, autopost using the free electronic remittance file (835).

Enrollment in EPS currently applies to payments from UnitedHealthcare Commercial, UnitedHealthcare Medicare Solutions, UnitedHealthcare Oxford, UnitedHealthcare Community Plan of Arizona, California\*, Delaware, Florida, Hawaii, Iowa, Kansas, Louisiana, Maryland, Massachusetts, Michigan, Mississippi, Nebraska, New Jersey New Mexico, New York, Ohio, Pennsylvania, Rhode Island, Tennessee, Texas, Washington and Wisconsin.

\*Jan. 1, 2016

Use the links below to learn more, or call 866-842-3278, option 5.

[Enroll Now](#)



# Viewing Electronic Remittance Advice (ERA), 835


The screenshot shows the Optum Financial Services website. At the top left is the Optum logo and the text "OPTUM Financial Services". To the right is a search bar and navigation links: "About Us | Contact Us | Site Map | Optum Bank". Below this is a dark navigation bar with menu items: "Home", "Individuals & Families", "Employers", "Brokers & Benefit Consultants", "Physicians & Health Care Providers", and "Products & Services". The main content area has a breadcrumb trail: "Home > Physicians & Health Care Providers > Electronic Payments and Statements". The page title is "Electronic Payments and Statements". On the left is a sidebar with links: "Physicians & Health Care Providers", "Electronic Payments and Statements", and "Financing and Credit". The main text includes a "Print Page | E-mail Page" link, an introductory paragraph, a photo of a doctor, and sections for "How to enroll", "Benefits to you:" (with a bulleted list), and "Attention third-party billing companies:". On the right is a "Customer Login" section with a dropdown menu for "Account Holder" and a "Log in" button, followed by a "Help with Electronic Payments and Statements" section with links to "Get answers to frequently asked questions", "Download a user guide", and "View a demonstration", and a phone number: "Call a provider support professional at (877) 620-6194".

<http://www.optumhealthfinancial.com/>

# Live and Work Well

The screenshot displays the liveandworkwell website interface. At the top, there is a navigation bar with tabs for Home, LiveWell (Life, Family & Relationships), BeWell (Health & Well-Being), and WorkWell (Education, Work & Career). A search bar and language selector are also present. The main content area features a featured article titled "Bouncing Back: Learning to be Resilient" with a sub-image of a hand painting the word "POSSIBLE" on a wall. To the right, there is a "Quick Links" section with options like "Search for Clinician", "Tools & Programs", "Resources", and "eCards". Below this is a "Today's News" section with several news items. A "Contact Us" section follows, providing information on 24/7 availability. The bottom section is titled "Welcome UHC Community Plan - Wellness4Me Members!" and contains "Popular Wellbeing Resources", "My Health Family Links", "Other Useful Links", and a "Clinician Search" section with various FAQ and Toolkit links for adults and youth.


**liveandworkwell**  
liveandworkwell.com

Home | Site Tour | Forms | Help | Español | 






Home | Personal Empowerment Kits

## Personal Empowerment Kits

No matter where you are on your journey to well-being, it's important that you build your resiliency. You might be prescribed medication that will help you, but you need to do more to achieve your long-term recovery and well-being. These toolkits offer a range of different tools you can use depending on your personal preferences. Do you like the idea of using a game to build resiliency? How about a graphic novel approach? Perhaps you prefer journaling or meditation? How about tracking your journey to long-term recovery and well-being?



You'll find all that and more in these toolkits:

- ▶ [Addiction Recovery Tools](#) 
- ▶ [Family Recovery and Resiliency Tools](#) 
- ▶ [Recovery, Resiliency and Empowerment Tools](#) 
- ▶ [Smartphone Apps for Substance Use Disorder Treatment/Recovery](#) 
- ▶ [Tools You Can Use](#) 

### Member Services

- ▶ [Register or login to access benefits & manage claims](#)
- ▶ [Search for Clinician](#)
- ▶ [Get care and services](#)
- ▶ [Contact us](#)

### Hot Topics

- ▶ [Just Diagnosed: Mental Health](#)
- ▶ [Just Diagnosed: Substance Use Disorder](#)
- ▶ [Federal Mental Health Parity](#)
- ▶ [Mental Health](#)
- ▶ [Drinking, Drugs and Addictions](#)
- ▶ [Personal Empowerment Kits](#)
- ▶ [Building Your Way to Wellness](#)
- ▶ [Self-Help Programs](#)
- ▶ [WorkLife Balance](#)
- ▶ [Video Voices of Hope](#)
- ▶ [Important Notice on Payment of Out-of-Network Benefits](#)
- ▶ [Aviso Importante sobre el Pago de Beneficios Fuera de la Red](#)



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# Network Services

Ilana Adler, LMSW, Government Liaison for NY

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# Provider Service Quick Guide, page 1



## Provider Service Quick Guide Mainstream Medicaid & Wellness4Me

<b>Call Center for UnitedHealthcare</b>	1-866-362-3368
<b>Websites &amp; What's Available</b>	<p><a href="http://providerexpress.com">providerexpress.com</a></p> <ul style="list-style-type: none"> <li>• Demographic Updates</li> <li>• Guidelines and Policies</li> <li>• Best Practice Guidelines</li> <li>• Level of Care Guidelines</li> <li>• Recovery &amp; Resiliency Toolkit</li> <li>• Network Manual</li> <li>• Trainings and Webinars</li> <li>• Sentinel Events Reporting Form</li> </ul> <p><a href="http://uhcommunityplan.com">uhcommunityplan.com</a></p> <ul style="list-style-type: none"> <li>• A website for Health Care Professionals, Community Organizations and Members</li> <li>• For providers the links will direct you to important information in your state</li> <li>• Directs you to our secure provider site UnitedHealthcare Online®</li> </ul> <p><a href="http://unitedhealthcareonline.com">unitedhealthcareonline.com</a></p> <ul style="list-style-type: none"> <li>• Check member eligibility</li> <li>• Check claim status &amp; payments</li> <li>• Claims Reconsideration</li> <li>• Electronic Data Interchange (EDI) information</li> <li>• Tools &amp; Resources</li> <li>• Tutorials</li> </ul>
<b>Claims Submission</b>	<p><b>Paper Claim submission:</b>                  Optum Behavioral Health                  P.O. Box 30760                  Salt Lake City, UT 84130-0760</p> <p>Claims must be submitted within 120 days from the date of service</p>
<b>EDI</b>	<p>Payer ID : 87726                  EDI Support: <b>800-210-8315</b> or email <a href="mailto:ac_edi_ops@uhc.com">ac_edi_ops@uhc.com</a></p>

# Provider Service Quick Guide, page 2

<b>Electronic Payments &amp; Statements (EPS)</b>	It's quick and easy, go to <a href="#">UnitedHealthcare Electronic Payments &amp; Statements (www.unitedhealthcareonline.com)</a> > Claims & Payments > Electronic Payments & Statements Questions - 866-842-3278, option 5
<b>Appeals</b>	UnitedHealthcare Community Plan, Appeals P.O. Box 31364 Salt Lake City, UT 84131
<b>Care Advocacy</b>	1-866-362-3368
<b>Best Practice Guidelines</b>	We have adopted Best Practice Guidelines, which were developed by nationally recognized organizations. Provider Express > Guidelines/Policies & Manuals > <a href="#">Best Practice Guidelines</a>
<b>Utilization Management Guidelines</b>	Additional details about utilization management guidelines are located in the New York Medicaid Behavioral Health Manual <b><u>Prior Authorization is not required for:</u></b> <ul style="list-style-type: none"> <li>• Outpatient mental health and substance use clinic services</li> <li>• Initial medically necessary emergency and post-stabilization services, including emergency behavioral health care</li> <li>• Urgent care</li> <li>• Crisis stabilization, including mental health</li> <li>• Post-stabilization care services</li> <li>• Personalized Recovery Oriented Services (PROS) pre-admission status</li> <li>• Opioid Treatment Program (OTP)</li> <li>• Substance use disorder intensive outpatient</li> <li>• Substance use disorder day rehabilitation</li> <li>• Medically supervised outpatient substance withdrawal</li> </ul> <b><u>Prior Authorization is required for:</u></b> <ul style="list-style-type: none"> <li>• Facility-based care</li> <li>• Non-routine outpatient care including but not limited to, psychological testing and extended sessions of 53 minutes or more</li> <li>• Home and Community Based Services (HCBS)</li> <li>• Personalized Recovery Oriented Services (PROS) admission (60 days) &amp; active rehabilitation status</li> <li>• Continuing Day Treatment (CDT)</li> <li>• Mental Health Intensive Outpatient Program (MH IOP)</li> <li>• Assertive Community Treatment (ACT)</li> <li>• Partial Hospitalization</li> <li>• Residential substance use treatment</li> </ul>
<b>Medical Transportation</b>	UnitedHealthcare Community Plan Transportation Reservation line: 1-866-913-2497 UnitedHealthcare Community Plan Ride Assistance (Where's my ride): 1-866-913-2498

## Contact us

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**Svetlana (Lana) Kats** – Director of Network Management for NY Public Sector

Tel: **212-898-3182**

Email: [svetlana.kats@uhc.com](mailto:svetlana.kats@uhc.com)

**New York Network Management – Mainstream Medicaid and Wellness4Me**

77 Water Street, 14<sup>th</sup> Floor

New York, NY 10005

Email: [NYHarp\\_ProvServices@optum.com](mailto:NYHarp_ProvServices@optum.com)

Phone: 877-614-0484

Fax: 877-958-7745

## Contact us, continued

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If you have questions please, feel free to send an email to:

The Network mailbox: [NYHarp\\_ProvServices@optum.com](mailto:NYHarp_ProvServices@optum.com)

All questions will be directed to the appropriate network manager.

\*\*\* Please note: We are in the process of reassigning regions and updates will be available at a later date.



## Contact us, continued

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**Ilana Adler**, -Government Liaison for NY

Tel: **651-495-5549**

Email: [ilana.adler@uhc.com](mailto:ilana.adler@uhc.com)

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Thank You  
We Appreciate Your Attendance  
Today