

Alcohol and Other Drug Dependence: Initiation and Engagement in Treatment



We appreciate your taking an active role in screening your patients ages 13 and older for substance abuse disorder (SUD).

The National Institute on Drug Abuse and the Substance Abuse and Mental Health Services Administration recommend following the Screening, Brief Intervention and Referral to Treatment (SBIRT) guideline at <https://www.samsha.gov/sbirt>.

How You Can Help

If your patient has a SUD, it's essential for them to attend treatment with a substance abuse provider within 14 days of their diagnosis.

You also can provide support by:

- Encouraging them to accept their treatment plan
- Anticipating resistance and having ideas to overcome it
- Helping them identify challenges to receiving care
- Asking them to engage their family for support
- Following up regularly to make sure they're staying on track

Refer to a Substance Abuse Professional

You can request coordination of care and referrals for members by calling the number on the back of the member's health plan ID card or searching liveandworkwell.com.

Screening tools are available on providerexpress.com > Clinical Resources > Alcohol or Other Drug Disorders including:

- AUDIT – The Alcohol Use Disorders Identification Test AUDIT-C – A 3-Item Brief Alcohol Screen
- APA DSM-5 – Adult Substance Use Questionnaire
- CAGE-AID – Adult Alcohol and Drug Use Questionnaire
- CRAFFT – Adolescent Alcohol and Drug Use Questionnaire

Resources

- More tools and information about behavioral health issues are available on providerexpress.com > Clinical Resources > Behavioral Health Toolkit for Medical Providers.
- Patient education information is available on liveandworkwell.com using access code "clinician". See "Mind & Body" at the top, scroll down to find the links to topics.