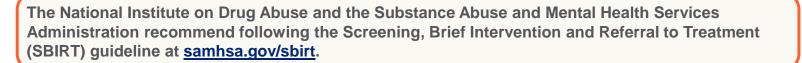
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Substance Use Disorder (Adults): Initiation and Engagement in Treatment

We appreciate you taking an active role in screening your patients ages 13 and older for a substance use disorder (SUD)



How You Can Help

If your patient has a SUD, it's essential for them to engage in treatment with you or a SUD treatment specialist within 14 days of their diagnosis.

Other ways to support your patient:

- · Collaborate with them on the next best steps
- Meet them where they are in the stages of change
- Help them identify & address challenges to connecting with care
- Help them decide how to include family & other supports in their recovery plan
- Follow up regularly as an active partner in their recovery journey

Refer to a SUD Treatment Specialist

You can request coordination of care and referrals for members by calling the number on the back of the member's health plan ID card or searching *liveandworkwell.com* **Screening tools** are available on provider express.com. Click on Clinical Resources then Alcohol or Other Drug Disorders

Examples:

- AUDIT-C plus 2 Adult Alcohol and Substance Use Screening Questionnaire
- CAGE-AID Adult Alcohol and Drug Use
 Questionnaire
- CRAFFT Adolescent Alcohol and Drug
 Use Questionnaire

Resources

- More tools and information about behavioral health issues are available on <u>providerexpress.com</u> > Clinical Resources
 > Behavioral Health Toolkit for Medical Providers.
- Patient education information is available on <u>liveandworkwell.com</u> using access code "clinician". See "Mind & Body" at the top, scroll down to find the links to topics.

SUD HELPLINE: 1-855-780-5955 Confidential, anonymous and free