



Treatment for Individuals with Substance Use Disorder (SUD)

When newly diagnosing individuals with a SUD, please schedule follow up treatment within 14 days of the diagnosis and two or more additional services within 34 days of the initial visit.

Source: National Committee for Quality Assurance 2021 HEDIS Specifications, see NQF-Endorsed Measures at www.ncqa.org



How You Can Help

Encourage your patient to schedule routine follow-up visits

Reach out to a patient if they do not attend their appointment

Obtain release of information (ROI) to include the patient's family, support system, and other providers

Listen and work with the patient's existing motivation to change

Treating Co-Occurring Disorders

- Discuss with your patient how continued treatment helps prevent relapse
- Refer for Medication Assisted Treatment (MAT) for alcohol and opioid use disorders when appropriate
- Optum suggests that an individual with an active primary or secondary diagnosis of a moderate or severe substance use disorder receive professional, therapeutic treatment services in combination with community-based recovery support services

Sources: American Psychiatric Association (2018), Practice Guideline for Pharmacological Treatment of Patients with Alcohol Use Disorder; American Psychiatric Association (2006), Practice Guideline for the Treatment of Patients with Substance Use Disorders, Second Edition.

Click on the links below to access educational information and evidence-based screening tools.

ProviderExpress.com:

- **Clinical Resources** provides educational materials, screening tools and assessments, and a link to the Live and Work Well clinician center
- **Recovery and Resiliency Toolkit** helps identify personal strengths and facilitates recovery & wellness planning
- **Medication Assisted Treatment (MAT)** resources. In-network treatment resources may be found on liveandworkwell.com
- **PsychHub Videos** includes best practices and resources for a variety of behavioral health topics

Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Locator

SUD Helpline

1-855-780-5955

A 24/7 helpline for providers and patients.
Assistance with Community Supports,
Referrals, & Education.

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